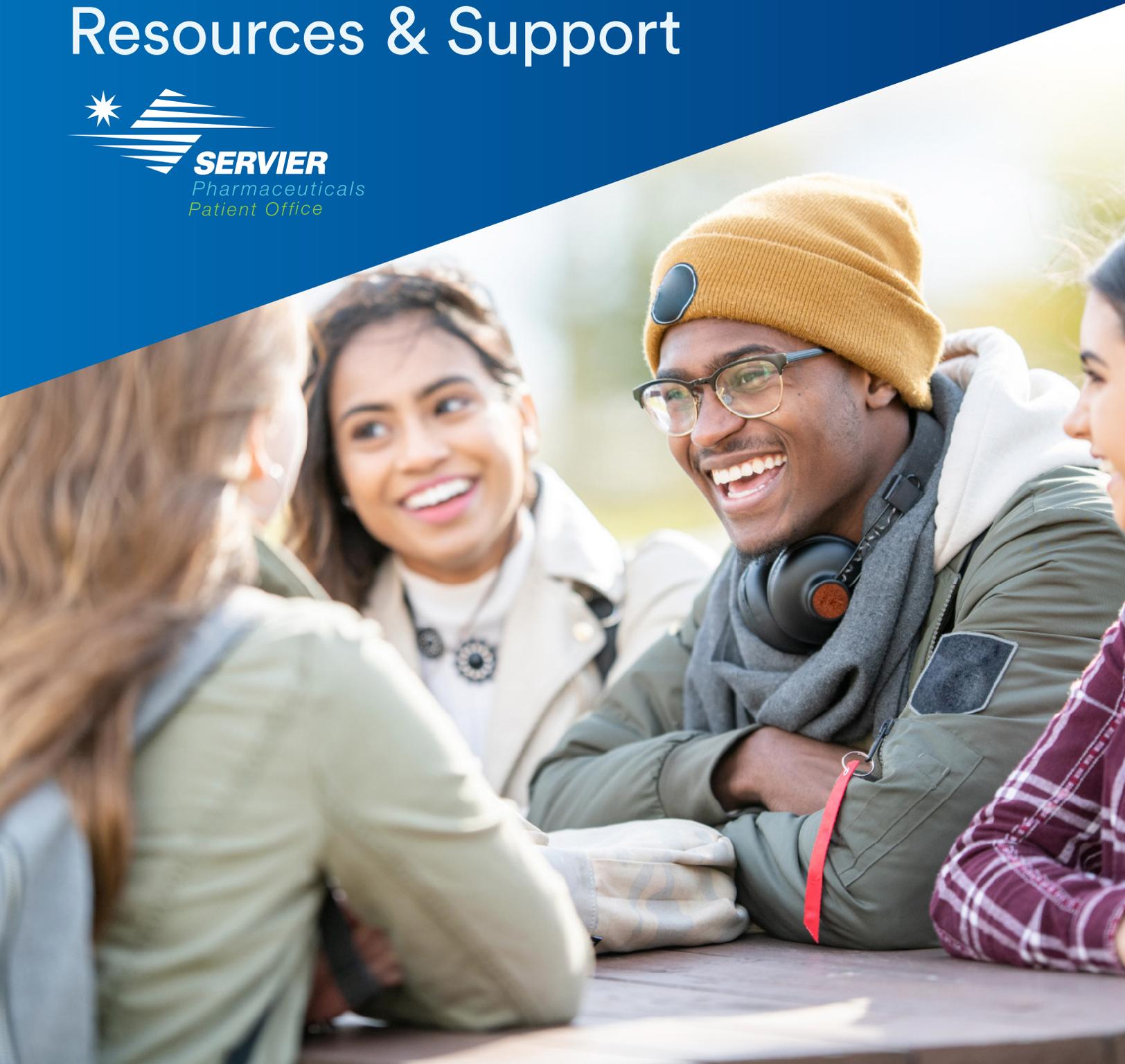


Adolescents & Young Adults (AYA) With Cancer:

Resources & Support



No one should have to face a cancer diagnosis alone. There are a variety of organizations with programs and resources designed to help you through every step of your cancer journey, from diagnosis to survivorship.

The organizations listed below address the special needs of adolescents and young adults living with cancer by providing information, answering questions, offering emotional support, financial assistance and more.

Air Charity Network

Air Charity Network is a network of organizations covering specific geographical areas and coordinating volunteer pilot flights in the continental United States as well as Alaska and Hawaii.

For more information visit
aircharitynetwork.org

American Cancer Society

American Cancer Society provides helpful information for patients and caregivers to guide them through the survivorship journey.

For more information visit
cancer.org

Alliance for Fertility Preservation

Alliance for Fertility Preservation provides information on options for cancer patients who might face infertility later in life. The Alliance also provides information on post-treatment options.

For more information visit
allianceforfertilitypreservation.org

ASCP Patient Champions

The ASCP Patient Champions program focuses on teaching patients and caregivers about the laboratory so they can better understand their options and choose the treatments that work best for them.

For more information visit
ascp.org/content/patient-champion

BAG It

BAG It strives to inform and empower cancer patients and caregivers. The ESCAPE to Thrive Leadership Conference takes place in Arizona and is available for advocates to attend to improve cancer patient education and outreach.

For more information visit
bagitcancer.org

Be The Match

Be The Match is a global leader in bone marrow transplantation. The organization conducts research to improve transplant outcomes, provides support and resources for patients, and partners with a global network. They provide one-on-one support to patients and their families every step of the way along the transplant journey.

For more information visit
bethematch.org

Blood & Marrow Transplant Information Network

Blood & Marrow Transplant Information Network provides patients and caregivers a network of one-on-one peer support.

For more information visit
bmtinfont.org

b-present Foundation

b-present foundation is focused on improving the experience of young adults with cancer by providing the tools and information that empower the social support network to be present. Their b-aware program improves young adult empathy pre-diagnosis, and b-connected ensures friends have the needed resources to stay connected during treatment and beyond.

For more information visit
b-present.org



Cactus Cancer Society

Cactus Cancer Society provides support and resources to young adults dealing with cancer as patients, survivors, or caregivers in the form of wellness resources, lifestyle encouragement, and peer support community. Their programs are all online and designed to fit the needs of young adults.

For more information visit
cactuscancer.org

Camp Mak-A-Dream

Camp Mak-A-Dream is a camp in Montana that provides a medically supervised experience for children, adults and families affected by cancer.

For more information visit
campdream.org

CancerCare

CancerCare provides counseling and support group programs for patients and their caregivers. Through their counseling program, oncology social workers help patients cope with the emotional and practical challenges of acute lymphoblastic leukemia. CancerCare provides support groups that are led by social workers, and they have a specific support group for patients with blood cancers. They also offer financial assistance for cancer-related costs and co-pays.

For more information visit
cancercares.org

CancerQuest

CancerQuest provides survivors with support through their recovery and readjustment to life. Their survivorship programs provide follow up care for patients through their experiences.

For more information visit
cancerquest.org

Cancer + Careers

Cancer + Careers empowers and educates people with cancer to thrive in their workplace by providing expert advice, interactive tools and educational events.

For more information visit
cancerandcareers.org

Cancer Dudes

Cancer Dudes provides men with the opportunity to connect with other cancer survivors and patients from around the country in monthly online hangouts. They offer courses for men to learn strategies for coping with stress and anxiety related to cancer including a communication course designed to help develop strategies, and a Speak Your Truth course that can help you tell your story in the most compelling, truthful and impactful way.

For more information visit
cancerdudes.org

Cancer Support Community

Cancer Support Community's MyLifeLine is an online resource to connect cancer patients and caregivers with friends and family to reduce stress, anxiety and isolation. They also offer a helpline for patient questions and educational resources for understanding your diagnosis.

For more information visit
cancersupportcommunity.org

The Cassie Hines Shoes Cancer Foundation

The Cassie Hines Shoes Cancer Foundation supports young adults during their cancer diagnosis, treatment, and beyond through a variety of advocacy and programming. Their Base 2 Summit program is a free, 6-day adventure in Northern Michigan where young adults can kayak, hike, bike, and explore.

For more information visit
cassiehinesshoescancer.org

Cook for Your Life

Cook for Your Life provides recipes for healthy cooking to people touched by cancer, including information on health considerations, food preferences, meal types and more.

For more information visit
cookforyourlife.org

CureSearch CancerCare App

The CancerCare app by CureSearch helps patients and families track appointments, treatments, allergies, side effects and more.

***Available in your app store**



Dear Jack Foundation

Dear Jack Foundation's LifeList is a wish-granting program that offers hope and guidance to adolescent and young adult patients who are currently receiving treatment for life-threatening cancer diagnoses. This program gives patients positive experiences to focus on during treatment and also provides the opportunity to connect with a community of adolescent and young adult patients, survivors and advocates who have had similar journeys.

For more information visit
dearjackfoundation.org

Dream Street at Canyon Ranch

Dream Street at Canyon Ranch provides patients with the opportunity to escape their complex lives through a retreat experience. The retreat offers patients the opportunity to participate in various activities including swimming, tennis, golf, weight training and exercise classes. Patients also have access to health care specialists and spa services to pamper themselves. The program provides a safe and nurturing environment to support a patient's self-esteem, body image, relationships and more.

For more information visit
dreamstreetfoundation.org

Elephants and Tea

Elephants and Tea provides information through a community magazine by gathering stories from cancer patients and their caregivers.

For more information visit
elephantsandtea.com

Epic Experience

Epic Experience provides weeklong adventure camps for adult cancer survivors and thrivers.

For more information visit
epicexperience.org

Escape

Escape is a grassroots organization who serves AYA cancer patients, survivors, and caregivers. They provide equitable resources and support to those most overlooked in cancer care including lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, plus (LGBTQIA+) individuals and cultivate an environment that is safe for self-expression.

For more information visit
escapeayac.org

Expect Miracles Foundation

Expect Miracles Foundation hosts a webinar series to address some of the most common financial challenges faced by young adult cancer survivors after treatment and provides direct financial support to young adult cancer survivors through a grant program.

For more information visit
expectmiraclesfoundation.org

Family Reach

Family Reach assists with financial support for patients' families who have financial barriers that accompany a cancer diagnosis. Family Reach is currently available through prominent hospitals and cancer centers across the country.

For more information visit
familyreach.org

First Descents

First Descents provides life-changing outdoor adventures for young adults impacted by cancer and other health conditions. These programs teach participants to climb, paddle and surf beyond their diagnosis, giving them the chance to reclaim their lives and connect with others who have a similar diagnosis.

For more information visit
firstdescents.org

Global Resource for Advancing Cancer Education (GRACE)

GRACE provides expert-mediated information on current and emerging cancer management options in order to empower patients, caregivers, and health professionals to become direct partners in cancer care.

For more information visit
cancergrace.org

GRYT Health

GRYT Health created a community for patients to come together who have had similar experiences. Providing knowledge, inspiration, and access to options, the GRYT app provides anonymous peer-to-peer help.

***Available in your app store**

Help Hope Live

Help Hope Live provides fundraising assistance for out-of-pocket costs to people needing life-saving transplants.

For more information visit
helphopelive.org

High School Yearbook

High School Yearbook has built a community for teens and young adults with cancer to empower them and connect them with others going through similar circumstances.

For more information visit
hsyearbook.org

Imerman Angels

Imerman Angels matches patients with a Mentor Angel who is a cancer survivor. The one-on-one relationship allows patients to ask personal questions to those who have had a similar experience. The angels provide support and empathy for cancer fighters and caregivers while they navigate the cancer process.

For more information visit
imermanangels.org

I'm Not Done Yet Foundation

I'm Not Done Yet Foundation helps adolescent and young adult cancer patients and survivors transition from pediatrics to adulthood and live their lives as fully as possible.

For more information visit
imnotdoneyetfoundation.org

Leukemia & Lymphoma Society

Leukemia & Lymphoma Society produces educational videos, webinars, informational booklets and 3D models about the disease for patients and caregivers.

For more information visit
lls.org

Livestrong

Livestrong offers a one-on-one program which matches a patient with a personal care navigator to help with any personal questions on their journey. The organization also provides a guidebook with information and resources to address concerns that patients and caregivers often have at the time of diagnosis, during treatment and post-treatment.

For more information visit
livestrong.org

National Bone Marrow Transplant Link

The National Bone Marrow Transplant Link works with hospitals, cancer centers and other organizations to reinforce and complement medical care.

For more information visit
nbmtlink.org

National Coalition of Cancer Survivorship

National Coalition of Cancer Survivorship offers resources on living with, through and beyond cancer. The resources include standing up for your rights, finding information, talking to your doctor and more.

For more information visit
canceradvocacy.org

National Collegiate Cancer Foundation

National Collegiate Cancer Foundation provides a scholarship program to support young adults whose lives have been impacted by cancer and have continued their education throughout treatment or after their treatment.

For more information visit

collegiatecancer.org

National Comprehensive Cancer Network

National Comprehensive Cancer Network has created guidelines to help patients talk with their physicians about the best treatment options for their cancer diagnosis.

For more information visit

nccn.org

The Oncofertility Consortium

The Oncofertility Consortium addresses the complex health care and quality-of-life issues that concern young cancer patients whose fertility may be threatened by their disease or its treatment. The Consortium provides resources to help navigate the complex fertility issues facing patients with cancer and other serious diseases.

For more information visit

oncofertility.msu.edu

Project Koru

Camp Koru is a week-long adventure therapy camp to help young adult cancer survivors find healing and renewal through outdoor experiences. The camp and activities are all free, but participants must pay for their travel to and from camp. This is Life Retreat is a 3-day workshop series for young adult survivors to develop a robust toolkit of skills for managing day-to-day life with, and after cancer.

For more information visit

www.projectkoru.org

Resilienship

Resilienship is an online community that brings together young adults in a one-on-one model who are facing the unique challenges brought on by a cancer diagnosis.

For more information visit

resilienship.com



Steven G. Cancer Foundation

The Steven G AYA Cancer Research Fund provides a “Be Calm & Stay Strong Wellness Bag” to active cancer patients for free to encourage good health and positive spirits. These bags consist of meditation and relaxation music, iTunes and Amazon gift cards, ear buds, a battery-operated votive candle, a portable aromatherapy infuser and lavender essential oil, an exercise band, medicine box, hand cream, tissues, hand sanitizer, Scentsy Travel tin, National Institute of Cancer Research nutritional information, books and encouragement and an issue of Elephants and Tea magazine.

For more information visit

stevengcancerfoundation.org

Stupid Cancer

Stupid Cancer hosts events for young adult patients, including meetups (virtual and in-person) and CancerCon.

For more information visit

stupidcancer.org

Take Charge

Take Charge is a partnership between FCancer and The Oncofertility Consortium to help provide resources to young cancer patients whose fertility may be threatened by their disease, its treatment, fertility preservation, emotional support and education.

For more information visit

takechargeamerica.org

Teen Cancer America

Teen Cancer America provides the expertise that hospitals and healthcare professionals require to understand the unique needs and nuances of AYA cancer care. They help health systems develop age-specific programs that restructure the health system to best support the AYA population by providing individualized and free consultations.

For more information visit

teencanceramerica.org

Triage Cancer

Triage Cancer provides legal and financial resources to cancer patients and their caregivers.

For more information visit
trialecancer.org

True North Treks

True North Treks provides backpacking and canoeing excursions for groups of young adult cancer survivors and caregivers where they can connect with nature and connect with peers who have been through similar experiences. The group also provides training and practice in mindfulness meditation and yoga.

For more information visit
truenorthtreks.org

Ulman Foundation

Ulman Foundation provides virtual and in-person meetups for young adults. The meetups include guest speakers, social activities and community excursions. They also offer scholarships to young adults who have been impacted by cancer (applicants must have been between the ages of 15-39 during their diagnosis/treatment or during the diagnosis/treatment of a parent, guardian, sibling, and/or spouse).

For more information visit
ulmanfoundation.org

War on Cancer

War on Cancer is a social network for anyone affected by cancer — including people who have been diagnosed, their family and friends.

***Available in your app store**

Yoga4Cancer

Yoga4Cancer is an evidence-informed oncology yoga method tailored to address the specific physical and emotional needs left by cancer and its treatment. The approach matches breath and movement to stimulate the immune system, improve flexibility and strength, reduce anxiety and boost overall well-being.

For more information visit
y4c.com

Young Adult Survivors United (YASU)

YASU has the largest community in Western PA for young adult cancer survivors and their co-survivors (with virtual programming outreach on a national level), providing them the ability to cope and thrive from emotional, social, and financial support under professional guidance and with peers who understand and can relate.

For more information visit
yasurvivors.org

3 Little Birds 4 Life

3 Little Birds 4 Life grants wishes to enhance the lives of young adults currently managing cancer.

For more information visit
3littlebirds4life.org





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